

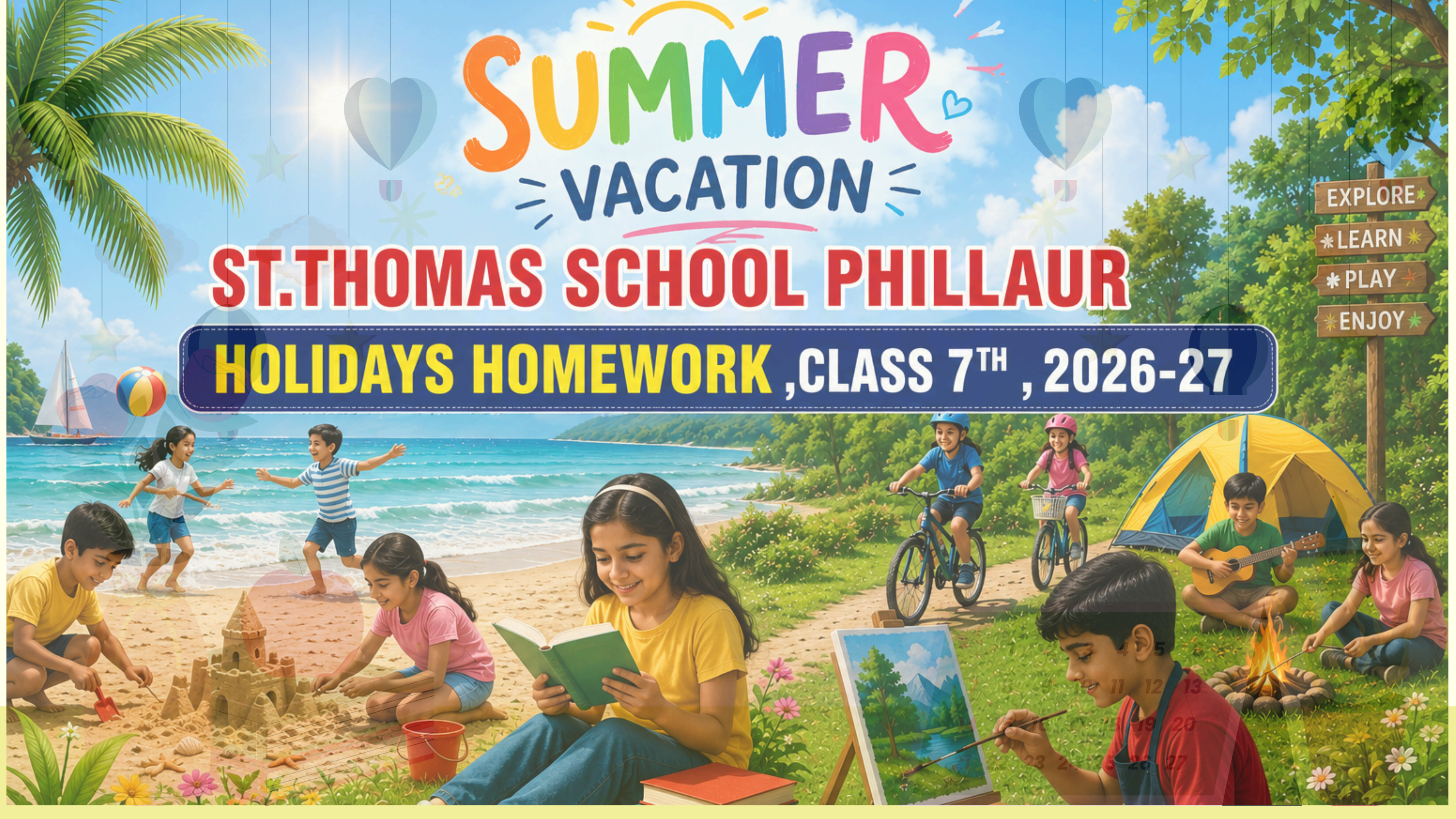
# SUMMER

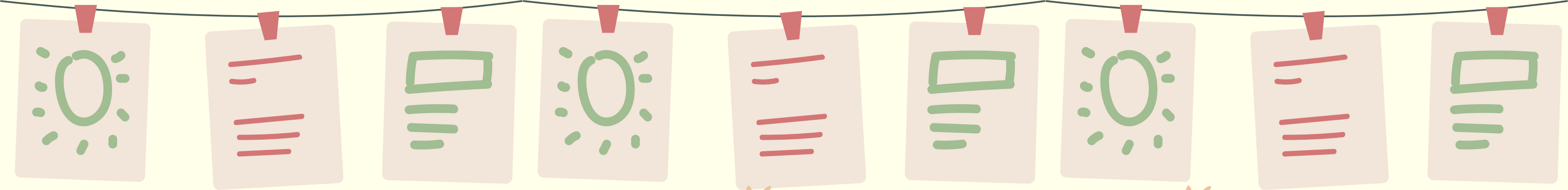
## VACATION

### ST. THOMAS SCHOOL PHILLAUR

**HOLIDAYS HOMEWORK ,CLASS 7<sup>TH</sup> , 2026-27**

- EXPLORE
- \* LEARN
- \* PLAY
- \* ENJOY





## \* ENGLISH \*

- GRAMMAR :- LETTER WRITING: LETTER TO FRIEND HOW I SPEND MY SUMMER VACATION
- SCHOOL LEAVING APPLICATION
- ESSAY WRITING: INDEPENDENCE DAY ,A DAY WITHOUT MOTHER
- NOTICE WRITING: SCHOOL'S SCIENCE EXHIBITION
- (WRITE ALL THE ABOVE GRAMMAR WORK ON YOUR GRAMMAR SIDE OF NOTEBOOK) NOTE :- LEARN ALL THE ABOVE WORK ALSO

## ACTIVITY

- Roll no.1 to 10 Make chart on Articles
- Roll no.11 to 20 - Make chart on Adjectives
- Roll no. 21 to 31 Make chart on Adverb



# SUBJECT :SST



## • ACTIVITY:-

MAKE A MODEL - ( CHOOSE ANY ONE) THE LAYERS OF THE ATMOSPHERE.  
OR THE LAYERS OF THE EARTH.

## • MAP WORK:-

LABEL CONTINENTS, OCEANS, UNION TERRITORIES, AND DIFFERENT TYPES  
OF SOIL IN INDIA - ON A POLITICAL MAP, COLOUR THE MAPS AND PASTE  
THEM INTO YOUR FAIR NOTE BOOKS  
(NOTE - FILL ALL THE ABOVE ON DIFFERENT MAPS.)

## • LEARN AND WRITE:-

CHAPTER 8 & 9

(DRAW COVER PAGE, WRITE QUES- ANS, CASE STUDY,  
PICTURE BASED QUESTIONS AND SOLVE ASSIGNMENTS IN YOUR  
FAIR NOTE BOOKS.)

• ALSO LEARN THE CHAPTERS.



# \* SCIENCE \*

ACTIVITY BASED:-

1) MAKE MODEL ON ANY ONE TOPIC

- VOLCANO
- SOLAR LUNAR ECLIPSE
- PHOTOSYNTHESIS
- HINGE JOINT

2) MAKE CHART ON ANY ONE TOPIC

- NUTRITION IN PLANTS
- NUTRITION IN ANIMALS
- MODES OF FOOD INTAKE IN ANIMALS
- NUTRITION IN AMOEBA

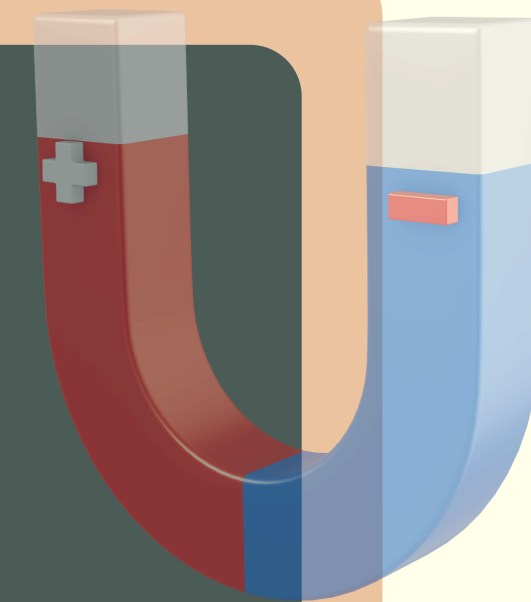
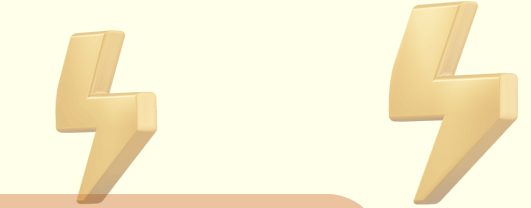
3) LEARN

CHAPTER-1 (NUTRITION IN PLANTS)

CHAPTER -2 (NUTRITION IN ANIMALS)

CHAPTER -3 (HEAT)

4) learn and write assignment of chapter -3





# ਵਿਸ਼ਾ : ਪੰਜਾਬੀ



ਪਾਠ-5 ਮਾਂ ਦਾ ਪਿਆਰ ਅਤੇ ਪਾਠ-7 ਬਾਲ-ਖੇਡਾਂ ਪੜ੍ਹੋ।

ਪਾਠ-5 ਦਾ ਕਵਰ ਪੇਜ ਬਣਾਉ ਅਤੇ ਅੱਖੇ ਸ਼ਬਦਾਂ ਦੇ ਅਰਥ ਲਿਖੋ।

\* ਨਵੀਨ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ

\* ਮੇਰਾ ਅਧਿਆਪਕ (ਸਫ਼ਾ ਨੰ.62)

\* ਸ਼ਹੀਦ ਭਗਤ ਸਿੰਘ (ਸਫ਼ਾ ਨੰ.69)

\* ਬਿਨੈ ਪੱਤਰ-ਸਾਈਕਲ ਗੁਆਚ ਜਾਣ ਸਬੰਧੀ (ਸਫ਼ਾ ਨੰ. 81)

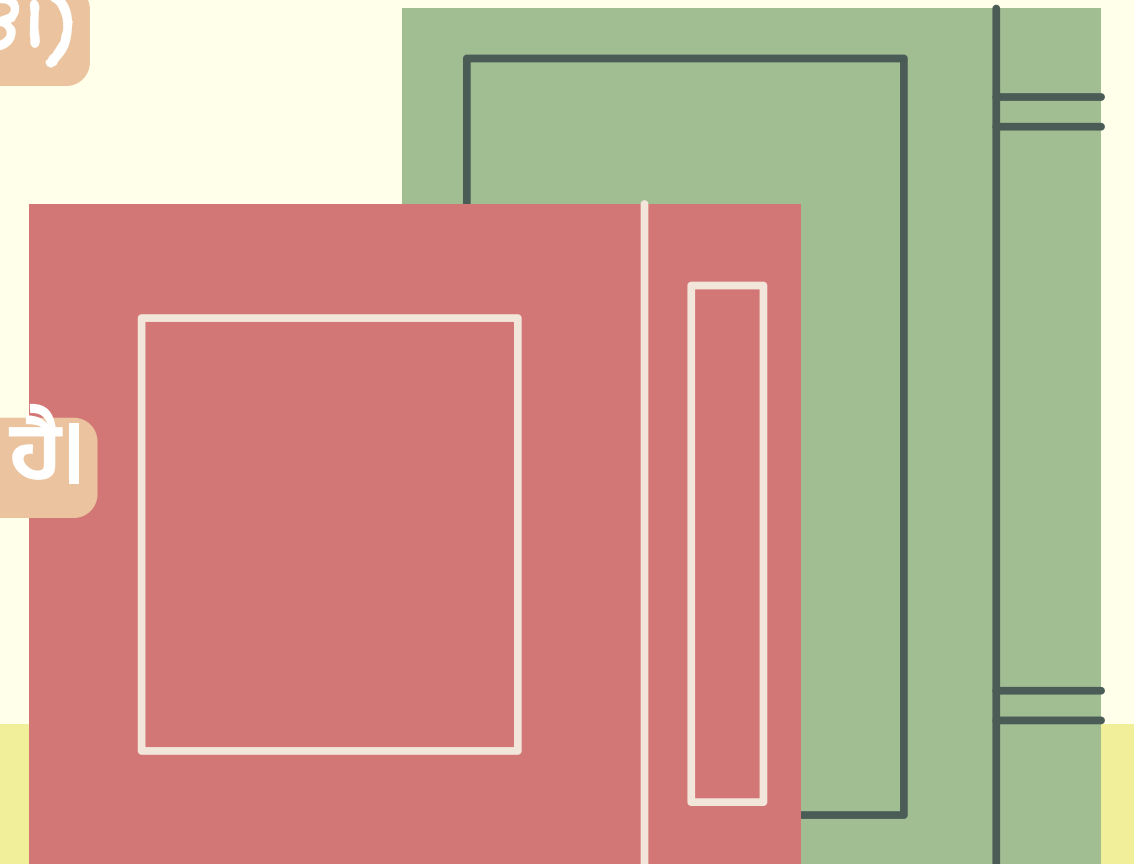
\* ਫੀਸ ਮਾਫੀ ਲਈ ਬਿਨੈ-ਪੱਤਰ(ਸਫ਼ਾ ਨੰ. 75)।

\* ਲਿੰਗ ਬਦਲੋ(ਪਹਿਲੇ 20 ਸਫ਼ਾ ਨੰ. 9)

\* ਵਚਨ ਬਦਲੋ(ਪਹਿਲੇ 20 ਸਫ਼ਾ ਨੰ. 12)

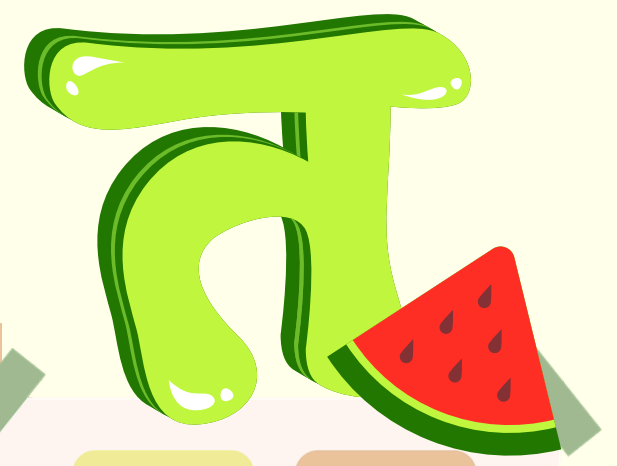
\* ਇਸ ਸਾਰੇ ਕੰਮ ਨੂੰ ਯਾਦ ਕਰਕੇ ਪੱਕੀ ਕਾਪੀ ਉੱਤੇ ਲਿਖਣਾ ਹੈ।

. \* ਵਿਰੋਧੀ ਸ਼ਬਦ ਦਾ ਮਾਡਲ ਤਿਆਰ ਕਰੋ।





# विषय : हिंदी



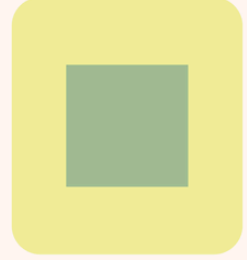
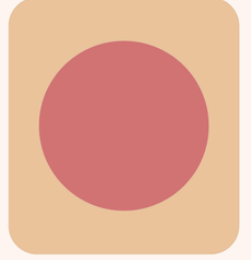
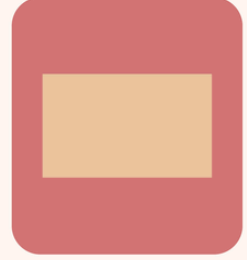
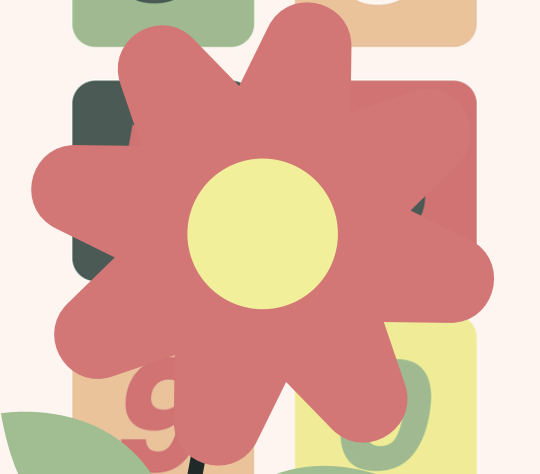
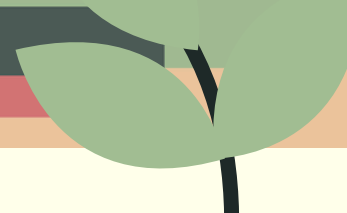
पाठ्य पुस्तक का पाठ 4 और 5 पढ़ें।

पुस्तक :- व्याकरण भाग में दिए गए मुहावरे । से 20 तथा वचन बदलो, लिंग बदलो । से 20 तक याद करें और उसके साथ सर्वनाम याद करें ।

निबंध :- मेरा प्रिय खेल

- प्रदूषण की समस्या व समाधान
- स्वच्छता अभियान

पत्र लेखन :- स्कूल में पीने के पानी का उचित प्रबंधन हेतु मुख्य अध्यापक को पत्र लिखें स्कूल छोड़ने का प्रमाण लेने हेतु मुख्य अध्यापक को पत्र लिखें



# \* SUBJECT - PHYSICAL EDUCATION \*

**ACTIVITY BASED:-**

**1) MAKE CHART ON ANY ONE TOPIC**

- TYPES OF YOGA
- THE FOOD PYRAMID AND BALANCED DIET

**POSTURE:- GOOD VERSUS BAD**

- THE DISCIPLINE IN SPORTS TREE
- GROUND RULES

**2) LEARN CHAPTER**

**-6 (SPORTS AND DISCIPLINE)  
CHAPTER -7(YOGA)**



# VII MATHEMATICS

- CHAPTER - 1,2,3 REVISE AND COMPLETE ON YOUR NOTEBOOK WITH ASSIGNMENTS
- SOLVE THE EXAMPLES OF THESE CHAPTERS IN YOUR HOLIDAYS HOMEWORK NOTEBOOK
- PREPARE A MODEL AND CHART ON THE FOLLOWING TOPICS ACCORDING TO YOUR ROLL NO.

ROLL NO. - TOPIC

ROLL NO 1-7 :CH-1,2,3

ROLL NO 8-14 : CH- 4,5,6

ROLL NO 15-21: CH-7,8,9

ROLL NO 22-28:CH-10,11

29 - LAST ROLL No.CH-12,13

EXAMPLES

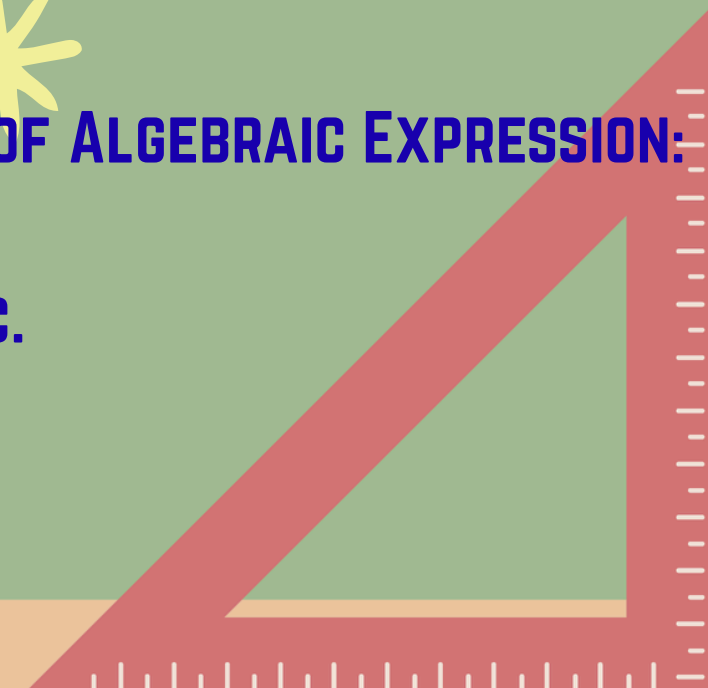
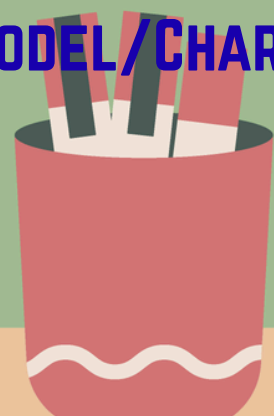
CHART ON INTEGERS AND NUMBER LINE, CHART ON TYPES OF FRACTION, CHART ON USES OF GRAPHS IN NEWSPAPER AND DAILY LIFE ETC.

CHART ON TYPES OF ANGLES (ALL), CHART ON PYTHAGORAS THEOREM ETC.

CHART ON COST PRICE-SELLING PRICE-PROFIT- LOSS, CHART ON FORMULA PF PERIMETER AND AREA OF RECTANGLE SQUARE PARALLELOGRAM TRIANGLE ETC.

CHART ON ALGEBRAIC EXPRESSION: CONSTANT- VARIABLE-TERM-COEFFICIENT, CHART ON TYPES OF ALGEBRAIC EXPRESSION: MONOMIAL BINOMIAL TRINOMIAL POLYNOMIAL, CHART ON EXPONENTS AND POWER ETC.

MODEL/CHART ON SYMMETRY, CHART ON SOLID SHAPES WITH NO. OF FACES EDGES VERTICES ETC.





# \* SUBJECT COMPUTER \*

Chapter 1 Typing Tutor

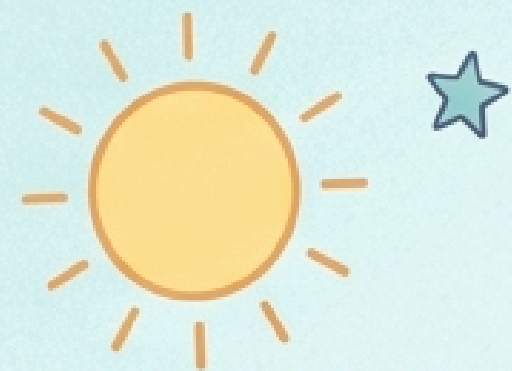
Chapter -2 Windows Explorer

Learn back exercise of both chapters, very short questions and Short questions.

Read Chapter -3 Microsoft word (part-1) Solve it back exercise.

Activity Make a chart of Shortcut keys.





Wishing you a summer full of fun, smiles,  
and new things to do. Explore, stay safe,  
and come back with many happy stories.  
Happy Holidays!

